

TINNITUS

<http://www.tinnitus-pjj.com/>

Tinnitus (ringing in the ears) is a common problem, affecting about 17% of the general population around the world (44 million people in the USA). It causes significant suffering in about 4% of the general population (10 million in the USA). Typically patients are told "to learn to live with it." The development of a **neurophysiological model of tinnitus** (Jastreboff, P.J. Phantom auditory perception (tinnitus): mechanisms of generation and perception. *Neurosci.Res.*:221-254, 1990) and based on it a new clinical approach have created a totally new treatment for tinnitus that results in significant improvement for more that 80% of the patients treated at our center (Jastreboff, P.J., Gray, W.C., Gold, S.L. Neurophysiological approach to tinnitus patients. *Am.J.Otology*, 17:236-240, 1996). This method, **Tinnitus Retraining Therapy (TRT)**, uses a combination of low level, broad-band noise and counseling to achieve the habituation of tinnitus, that is the patient is no longer aware of their tinnitus, except when they focus their attention on it, and even then tinnitus is not annoying or bothersome.

Tinnitus is accompanied by hyperacusis in about 40% of the cases.

Hyperacusis is a decreased tolerance of sound and can be a serious problem. Some patients experience hyperacusis without tinnitus. A modification of Tinnitus Retraining Therapy can restore totally or partially the normal level of sensitivity to sound.

Homeopathic products can also help;

Newton Labs;

Helps relieve symptoms of buzzing, echoing and ringing sounds in the ears; sensitivity to noise, pressure, burning of the ears and pain.

Directions: ORAL USE ONLY. Ages 12 and up, take 6 drops or pellets orally as needed (up to every 15 minutes) until symptoms abate or as directed by your health professional. Ages 0 to 11, take 3 drops or pellets. Under age 2, pellets should be crushed or dissolved in purified water.

Ingredients: Aconitum napellus, Baryta carbonica, Baryta muriatica, Capsicum annuum, Causticum, Chenopodium anthelminticum, China officinalis, Chininum sulphuricum, Glonoinum, Graphites naturalis, Hydrastis canadensis, Kali bichromicum, Kali muriaticum, Lycopodium clavatum, Phosphorus, Pulsatilla nigricans, Salicylicum acidum, Thiosinaminum, Viola odorata 10x. China officinalis, Hydrastis canadensis, Tabacum 3x.

Available @ NutritionWise 75 E Indiantown Rd Jupiter FL 747-1818 or

Newton Labs

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