

Raymond Oenbrink DO

RJ Oenbrink DO Philosophy is a graduate of Southeastern College of Osteopathic Medicine (SECOM) which later become Nova-Southeastern University of Health Sciences where he graduated at the top of his class. As an Osteopathic Physician, he did a rotating Osteopathic Internship at Humana Hospital South Broward followed by an allopathic (MD) residency at Shands-Jacksonville. After completion of the training in Jacksonville he became Board-Certified by the American Board of Family Physicians and now has his Board Certification with the American Osteopathic Board of Family Physicians.

His first job after completion of his training was with Norwegian Cruise Lines where he was the Medical Officer aboard several of their ships. He followed this with serving as a flight physician aboard the jet ambulances that evacuated his ship-board patients in need of advanced care back to Miami Florida. After working in his home town emergency rooms, he joined an elderly physician and assumed that Family Practice for 25 years. When he left Florida to move to North Carolina, he and his wife spent two years traveling around the US working in different areas while writing a book on his Adventures of a Traveling Physician.

Dr. Oenbrink enjoys Sailing, Diving, Skiing and Boating when in Florida. Here in North Carolina he enjoys being outdoors, hiking, the changes of seasons, the beautiful mountain views, country drives, traveling, meeting new people and looking for new adventures.

For the remainder of his medical career in Florida he learned as much as he could about new forms of therapy, transitioning from straight "Family Practice" into more of an "Integrative Physician" combining traditional & CAM medicine. After beginning to do chelation therapy in his practice he became a principal investigator in the largest CAM trial ever funded by the National Institute of Health (NIH), the Trial to Assess Chelation Therapy (TACT).

Enjoying the successes he had with integrative medicine, he learned more about treating those suffering from the disease of addiction, discovering a talent for helping those patients as well. Chronic pain has been another area of his interest. Throughout his career, he's sought to expand his repertoire of medical therapies to help those who had given up hope. In 2009 he moved to North Carolina. He then learned of Chronic Inflammatory Response Syndrome (CIRS) due to a patient who was struggling with health issues from mold exposure. He also became Certified by the American Board of Addiction Medicine (ABAM).

Dr. Oenbrink & the Appalachian Wellness team are devoted to you, your health, happiness & future. We as a team, are here to serve you, to improve your life. We're aware of the suffering caused by Addiction, CIRS & chronic pain. We also know the joy that comes from relief. We want you to experience that gift as well. We are here to serve you; experienced, ready to anticipate and exceed caring for your needs.

Dr. Oenbrink is honored & thrilled to have become recognized by Dr. Shoemaker for his completion of the Chronic Inflammation Response Syndrome. Dr. Oenbrink has been treating patients now for over three decades.

Appalachian Wellness, Asheville, NC

www.appwell.net

(828) 785-1850

[Find a Certified Physician in My Area](#)